Lesson Plan

Name of College**: Govt. P.G. College, Ambala Cantt.**

Academic Session: J**uly - Dec (2023-24)**

Class: BA 1st Semester

Course Code/Course Type: B23-HIS-101 CC/MCC

Paper: Option (i) Idea of Bharatvarsha

Teacher’s Name**: Dr. Manjesh Kumar, Assistant Professor (History)**

Internal Assessment Marks: **30** End-Term Exam Marks: **70**

**Course Learning Outcomes;** After completing this course, the learner will be able to; -

1. Acquaint with the concept of Bharat and its eternity and major knowledge. Tradition and education system in ancient India.
2. Understand the concepts, ideas, and development in the spheres of Dharma, Philosophy, art, and culture in ancient India.
3. Grasp the concepts, ideas, and development in the spheres of science, environment, polity, and economy in ancient India.
4. Demonstration. The political contour of ancient Bharatvarsha, places of ancient Indian arts. Important ancient Jana-padas and ancient maritime commerce on outlines. Map of India and also explicate it historically.

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| **Month** | **Dates** | **Topic to be covered** | **Academic/****Activity to be organized** | **Assignments/ Tests** |
| **July** | 24 - 31 | Introduction with Syllabus and Paper as per NEP |  |  |
| **August** | 01 - 12 | Indian Knowledge Traditions: Understanding of Bharatvarsha and its political contours |  |  |
| 14 - 19 | Indian concept of time and space**Map**: - Political Contours of Ancient Bharatvarsha |  |  |
| 21 - 26 | The Historical glory of ancient Indian literature Vedas Upanishads Epics, Puranas Jain and Buddhist literature, etc. **Map:** - Places of Indian Arts in Ancient Times |  |  |
| 28-31 | Ancient Indian Educational System |  |  |
| **September** | 01 - 09 | Indian Perception of Dharma and Darshan**Map: -** Important Jana-padas of Ancient India | Presentation | **1st****Assignments** |
| 10 – 16 | The Concept of Vasudhaiva Kutumbakam: Man, Family, Society, and World |  |  |
| 18 - 23 | Polity and Governance: Concept of Janpada & GramSwarajya |  |  |
| 24 - 31 | Salient Features of Indian Arts & Culture |  | Unit(I) Test |
| **October** | 01 - 05 | Science, Technology & Mathematics in Ancient India |  |  |
| 07 - 12 | Health Consciousness (Science of Life): Ayurveda, Yoga and Naturopathy |  | Unit (II) Test |
| 14-19 | Indian Environment Conservation |  |  |
| 21-30 | Indian Economics thought. Agriculture industry, trade, and maritime commerce in ancient India**Map:** - Maritime Commerce in Ancient India | Presentation | **2nd Assignments** |
| **December** | 01-05 | Revision of Map |  |  |
| 05-10 | Revision of 1st Unit |  | Unit (III) Test |
| 12-17 | Revision of 2nd Unit |  |  |
| 19-24 | Revision of 3rd Unit |  |  |

Teacher’s Sign Principal